



BETTER SPEECH AT HOME

You can be your child's speech therapist!

Do you want to learn how to use all of the ideas below with your toddler? Sign up for our parent coaching sessions. They are cheaper and faster than traditional speech therapy.

SUN

MON

TUE

WED

THU

FRI

SAT

01

Look "up" at the sky and find the "bird," talk about it "flying"

02

Splash in the tub and talk about "bubbles," "wet," or "splashing!"

02

Talk about what you're doing: "Now I am washing the dishes"

03

Follow directions for "clean-up" and put toys "in" the bin

04

Play in front of a mirror; name body parts

05

Crash a toy car into a tower of blocks. Model "boom" or "crash!"

06

Ask your child to show you their ears. What other body parts can they point to?

07

Put ice in a bowl with water and talk about "cold"

08

Kiss a stuffed animal Say "kiss, kiss." Then give your child a turn.

09

Find pebbles in the garden and put them "in" a bucket

10

Watch a video that has body motions to imitate (Wheels on the bus)

11

Put many layers of clothing on and model the word or sign for "more."

12

Put dry beans in a sippy cup and shake; model the word "shake"

13

Put dry beans and rice in a bowl; model the words "scoop" and "dump"

14

Practice saying "all done" after a meals and snacks

15

Eat a new food; make munching, crunching sounds

16

Watch at ball game. Say "yay!" or "woohoo!"

17

Take a walk and point to "big" and "little" things you see.

18

Wave and say "hi" to 5 new people today.

19

Blow bubbles; before the next one, model the word "more"

20

Dance in the living room and when the music stops yell "stop!"

21

Pick a new book at the library. Label and point to the main character

22

Pop bubble wrap and say "pop!"

23

Give choices at snack time: "apple or pear" as you hold up the fruit

24

Take turns stacking blocks and say "my turn"

25

Make finger paint with shaving cream and food coloring. Name the colors

26

Help "push" buttons on the microwave or TV remote.

27

Make breakfast together "pour" cereal. "Scoop" more.

28

Make animal sounds when reading a book

29

Draw a picture to mail to someone. Put it "in" the mailbox.

30

Play "Ring around the Rosie" and yell or sign "down"

31

Put stickers on body parts. Name the parts or say "on"

Down

More

