



Better Speech

Better Speech at Home

Do you want to learn how to use all of the ideas below with your child?
Contact us for a free consultation with a Speech Language Pathologist.

SUN	MON	TUE	WED	THU	FRI	SAT
	01 Look "up" at the sky and find the "bird," talk about it "flying"	02 Splash in the tub and talk about "bubbles," "wet," or "splashing!"	02 Talk about what you're doing: "Now I am washing the dishes"	03 Follow directions for "clean-up" and put toys "in" the bin	04 Play in front of a mirror; name body parts	05 Crash a toy car into a tower of blocks. Model "boom" or "crash!"
06 Ask your child to show you their ears. What other body parts can they point to?	07 Put ice in a bowl with water and talk about "cold"	08 Kiss a stuffed animal Say "kiss, kiss." Then give your child a turn.	09 Find pebbles in the garden and put them "in" a bucket	10 Watch a video that has body motions to imitate (Wheels on the bus)	11 Put many layers of clothing on and model the word or sign for "more."	12 Put dry beans in a sippy cup and shake; model the word "shake"
13 Put dry beans and rice in a bowl; model the words "scoop" and "dump"	14 Practice saying "all done" after a meals and snacks	15 Eat a new food; make munching, crunching sounds	16 Watch at ball game. Say "yay!" or "woohoo!"	17 Take a walk and point to "big" and "little" things you see.	18 Wave and say "hi" to 5 new people today.	19 Blow bubbles; before the next one, model the word "more"
20 Dance in the living room and when the music stops yell "stop!"	21 Pick a new book at the library. Label and point to the main character	22 Pop bubble wrap and say "pop!"	23 Give choices at snack time: "apple or pear" as you hold up the fruit	24 Take turns stacking blocks and say "my turn"	25 Make finger paint with shaving cream and food coloring. Name the colors	26 Help "push" buttons on the microwave or TV remote.
27 Make breakfast together "pour" cereal. "Scoop" more.	28 Make animal sounds when reading a book	29 Draw a picture to mail to someone. Put it "in" the mailbox.	30 Play "Ring around the Rosie" and yell or sign "down"	31 Put stickers on body parts. Name the parts or say "on"	<i>Down</i> 	<i>More</i>

Baby sign illustrations courtesy of © Baby Sign Language